

MON	TUE	WED	THU	FRI
1 8:30 Coffee, Tea, Chat 9:30 Cards, Table Games 10 Arts & Craft w/Leslee 11 Moving & Grooving	2 9:00 Cards, Table Games 9:30 Tuesday Morning Chat 10 Yoga w/Susan 11 Bingo NCL	3 8:30 Coffee, Tea, Chat 9:30 Boards Games & Coloring 10 MM/Craft Darlene 11 Exercise Ageless Grace	4 8:30 Coffee, Tea, Chat 9:00 Coffee, Tea, Chat, Cards 10 Chair Pilates 11 Creative Coloring/Games 11 Chair Pilates	5 8:30 Coffee, Tea, Chat 9:30 Exercise - Walking 10 Walmart
8 8:30 Coffee, Tea, Chat 9:30 Cards, Table Games 10 Good Life Club-WellStar 11 Chair Pilates	9 9:00 Cards, Table Games 9:30 Tuesday Morning Chat 10 Yoga w/Susan 11 Bingo United Health BP Check Wellstar	10 8:30 Coffee, Tea, Chat 9:30 Boards Games & Coloring 10 Morning Meditation 11 Exercisew/Marie	11 8:30 Coffee, Tea, Chat 9:00 Coffee, Tea, Chat, Cards 9:45 Exercise-Walking CLUB 10 Sowest Art Center-Play " Natural Woman"	12 8:30 Coffee, Tea, Chat 9:30 Exercise - Walking 10 Creative Coloring 11 Friday \$ Bingo
15 8:30 Coffee, Tea, Chat 9:30 Cards, Table Games 10 Paparazzi Shopping \$6 Mother's Day Gifts 11 Moving & Grooving	16 9:00 Cards, Table Games 9:30 Tuesday Morning Chat 10 Yoga w/Susan 11 Bingo -Buttercup	17 CaringPaws 8:30 Coffee, Tea, Chat 9:30 Boards Games & Coloring 10 Morning Meditation 11 Exercise w/Marie Center will Close @1:30 ***	18 8:30 Coffee, Tea, Chat 9:00 Coffee, Tea, Chat, Cards 10:15 Turbo Walking-Joe 11 Petal of Love - Longleaf	19 8:30 Coffee, Tea, Chat 9:30 Exercise - Walking 10 Buford Hwy Farmers Mkt
22 8:30 Coffee, Tea, Chat 9:30 Cards, Table Games 10 Arts & Craft w/Leslee 11 Chair Pilates Exercise	23 9:00 Cards, Table Games 9:30 MedSupplies Medicare 10 Yoga w/Susan 11 Bingo	24 8:30 Coffee, Tea, Chat 9:30 Boards Games & Coloring 10 M M/Sleep Counting- Jess 11 Exercise w/Marie/Writing 11:30 Open Hand Nutrition	25 Site Council 8:30 Coffee, Tea, Chat 9:00 Coffee, Tea, Chat, Cards 10 Cooking w/Joe & ART 11 Ron & Friends 11 EdTalk -TBA	26 8:30 Coffee, Tea, Chat 9:30 Exercise - Walking 10 Mother's Day Shopping @ New Ross & Marshall HOLCOMB Bridge
29 8:30 Coffee, Tea, Chat 9:30 Cards, Table Games 10 Arts & Craft w/Leslee 11 Chair Pilates	30 9:00 Cards, Table Games 9:30 Tuesday Morning Chat 10 Yoga w/Susan 11 Bingo - AT & T BIRTHDAY CELEBRATION			MM= Morning Meditation ***= Center CLOSE @1:30 Writing = Creative Writing ART = Creative Art -Library

12:00 Lunch Served Daily