

MON	TUE	WED	THU	FRI
1 8:30 Snacks and chat 9:00 Cards, Games, Walk 10:00 Senior Strength 11:00 Site Council 12:00 Lunch 1:00 Canasta Club	2 8:30 Snacks and chat 9:00 Cell Phone 101 9:15 Cards, Games, Walk 10:00 Color Creations 11:00 Inspirations 12:00 Lunch	3 8:30 Snacks and chat 9:15 Walking Club 10:00 Cards & Games 10:45 Chair Yoga w/ Paige 12:00 Lunch 1:00 Mah Jongg	4 8:30 Snacks,Games,Walk 10:00 April Birthday Celebration 11:00 Bingo w/ Bob 12:00 Lunch 1:30 Mah Jongg	5 8:30 Snacks and chat 9:00 Cards,Games,Walk 10:00 Shop at Kroger 12:00 Lunch
8 8:30 Snacks and chat 9:00 Cards & Games 10:00 Move & Groove 11:00 Dance with Liliya 12:00 Lunch 1:00 Canasta Club	9 8:30 Snacks,Games,Walk 9:00 Craft w/ AFPL 10:00 Nutrition Guy 11:00 Inspirations 12:00 Lunch	10 8:30 Snacks and chat 9:15 Walking Club 10:00 Cards & Games 10:45 Chair Yoga w/ Paige 12:00 Lunch 1:00 Mah Jongg	11 8:30 Snacks and chat 9:30 Blood Pressure 10:00 Cards,Games,Walk 11:00 Bingo w/ Sue 12:00 Lunch 1:30 Mah Jongg	12 8:30 Snacks and chat 9:00 Cards,Games,Walk 10:00 Tour Alpharetta Arts Center & meet artist Deanna Sirlin 12:00 Lunch
15 8:30 Snacks and chat 9:00 Cards & Games 10:00 Project Bloom 11:00 Tai Chi 12:00 Lunch 1:00 Canasta Club	16 8:30 Snacks and chat 9:00 Cards & Games 9:30 Health Minute 9:45 Senior Stretch 11:00 Inspirations 12:00 Lunch	17 8:30 Snacks and chat 9:15 Walking Club 10:15 Open Hand Nutrition 10:50 Chair Yoga w/ Paige 12:00 Lunch 2:00 CLOSE Staff Meeting	18 8:30 Snacks and chat 9:00 Cards & Games 10:00 Walking 11:00 Bingo w/LexisNexis 12:00 Lunch 1:30 Mah Jongg	19 AT MILTON CENTER 8:30 Snacks and chat 9:00 Cards,Puzzles,Games 10:00 Shop at Walmart 12:00 Lunch
22 8:30 Snacks and chat 9:00 Cards & Games 10:00 Move & Groove 11:00 Spring Chorus 12:00 Lunch 1:00 Canasta Club	23 8:30 Snacks and chat 9:00 Cards,Games,Walk 10:00 Exercise w/ Marie 11:00 Inspirations 12:00 Lunch	24 Synchrony Financial Ice Cream & Game Day 9:15 Walking Club 10:00 Ice Cream & Games 12:00 Lunch 1:00 Mah Jongg	25 8:30 Snacks and chat 9:00 Cards & Games 10:00 Announcements 11:00 Bingo w/ YMSL 12:00 Lunch 1:30 Mah Jongg	26 8:30 Snacks and chat 9:00 Cards,Games,Walk 10:00 Shop at Target 12:00 Lunch
29 8:30 Snacks and chat 9:00 Cards,Games,Walk 10:00 "Name That Stress" Kaiser Permanente Theatre 12:00 Lunch 1:00 Canasta Club	30 8:30 Snacks and chat 9:00 Cards & Games 9:30 Health Minute 9:45 Senior Stretch 11:00 Inspirations 12:00 Lunch			

12:00 Lunch Served Daily