

MON	TUE	WED	THU	FRI
				<b>1</b> 8:30 Coffee, Tea, Chat 9:30 Exercise - Walking 10 Walmart
<b>4</b> 8:30 Coffee, Tea, Chat 9:30 Cards, Table Games 10 Arts & Craft w/Leslee 10 Moving & Grooving 11 Reading Food Labels-Martin	<b>5 Tech Tutoring</b> 9:00 Cards, Table Games 9:30 Tuesday Morning Chat 10 Yoga w/Susan 11 Bingo Bob NoSide Chapel BP Check Wellstar	<b>6</b> 8:30 Coffee, Tea, Chat 9:30 Boards Games&Coloring 10 Morning Meditation 10 Craft w/Darlene V-Day 11 Exercise Ageless Grace	<b>7</b> 8:30 GA Council on Aging <b>CONFERENCE @ CAPITOL</b> 9:30 Legislative Briefing 10 Visiting w/Vendor/Photo Booth 11:30 Lunch in Floyd Ballroom	<b>8</b> 8:30 Coffee, Tea, Chat 9:30 Exercise - Walking 10 Morning Meditation 10 Safe & Sound in Hospital 11 Games/Creative Coloring
<b>11</b> 8:30 Coffee, Tea, Chat 9:30 Cards, Table Games 10 Art w/Leslee 11 Exercise w/Deborah	<b>12 Tech Tutoring</b> 9:00 Cards, Table Games 9:30 Tuesday Morning Chat 10 Yoga w/Susan 11 Bingo -BrightStar	<b>13</b> 8:30 Coffee, Tea, Chat 9:30 Boards Games&Coloring 10 Morning Meditation 11 Exercise Ageless Grace <b>BIRTHDAY CELEBRATION</b>	<b>14</b> 8:30 Coffee, Tea, Chat 9:00 Coffee, Tea, Chat, Cards 10:15 Tubro Walking 11 Bingo JK Charity Guild 2pm V - Day Story Time-Yoga	<b>15</b> 8:30 Coffee, Tea, Chat 9:30 Exercise - Walking 10 Buford Hwy Market
<b>18 Sandy Spring Visit</b> 8:30 Coffee, Tea, Chat 9:30 Cards, Table Games 10 Art W/Leslee 10 Moving & Grooving <b>11 Games/Music</b>	<b>19 Tech Tutoring</b> 9:00 Cards, Table Games 9:30 Tuesday Morning Chat 10 Yoga w/Susan 11 Bingo-Buttercup	<b>20 CaringPaws</b> 8:30 Coffee, Tea, Chat 9:30 Boards Games&Coloring 10 Craft w/Leslee 11 Exercise Ageless Grace 11:30 Open Hand Nutrition	<b>21</b> 8:30 Coffee, Tea, Chat 9:00 Coffee, Tea, Chat, Cards 9:30 Exercise-Walking 10 Chair Pilates <b>11Petal of Love w/Terri</b>	<b>22</b> 8:30 Coffee, Tea, Chat 9:30 Exercise - Walking 10 Kohl's & Stake & Shakes
<b>25</b> 8:30 Coffee, Tea, Chat 9:30 Cards, Table Games 10 Arts & Craft w/Leslee 11 Exercise w/Deborah	26 9:00 Cards, Table Games 9:30 Tuesday Morning Chat 10 Yoga w/Susan 11 Bingo/Lunch NoFulton Rotary Club <b>Tech Tutoring</b>	<b>27</b> 8:30 Coffee, Tea, Chat 9 Brain Games 10 Morning Meditation 11 Exercise Ageless Grace	<b>28</b> 8:30 Coffee, Tea, Chat 9:00 Coffee, Tea, Chat, Cards 9:30 Brain Games 10:15 Turbo Walking 11 Ron & Friends-Music	

12:00 Lunch Served Daily